

FOR MEN WHO HAVE EXPERIENCED RECENT SEXUAL ASSAULT

Sexual assault is any unwanted sexual act forced or coerced by one person on another. This may include unwanted touching, kissing or penetration. Physical force is not essential. Non consent may be due to threats, coercion and the use of drugs and alcohol.

Important things for men to know:

- Sexual assault has nothing to do with sexual orientation. Gay, bisexual or two spirited men can be sexually assaulted by strangers, friends or even partners.
- Even if a man has an erection or ejaculates, it is still sexual assault. Bodies react to stimulation, and this does not mean consent.
- Perpetrators of sexual assault on men can be male or female. If a heterosexual man is assaulted by a man, this does not make him homosexual.
- Male perpetrators are not necessarily homosexual. In fact, the majority identify as heterosexual. Sexual assault is about power, control and exploitation, not sex.

(Adapted from the brochures "For Men Who Have Experienced Recent Sexual Assault" published by The Men's Project, Ottawa Ontario www.themensproject.ca)

If you have been recently assaulted:

- **Tell Someone.** Tell a friend, family member or call us at the PEI Rape and Sexual Assault Centre.
- **Get immediate medical help.** Go to the hospital emergency room. Ask to be tested for sexually transmitted infections.
- **It is your choice if you want to report to the police.** If you decide to tell the police, there will be an investigation. Try to save evidence. Keep the clothes you were wearing. If you were drugged, try to save some of the drink. Don't bathe or shower. Keep anything that might help identify your attacker.